



**SPIN DEMENTIA  
NETWORK<sup>+</sup>**

Sustainable Prevention,  
Innovation and Involvement  
for Dementia

## **CORE LIVED EXPERIENCE GROUP (CLEG)**

### **July 2025 Newsletter**

There has been some great involvement from CLEG members in the first year of the SPIN D Network. Special thanks to Co-applicants, Martin and Bettina who have been involved from the outset and stayed the course.

Following a period of active recruitment, I'm delighted to announce that we now have 10 members with an additional person planning to join the group in October, leaving just one unfilled vacancy. I'm also thrilled at the diversity of the group in terms of location, gender and under-represented communities and that we have a good balance of carers and people with a diagnosis.



Bettina, Chritine, Debra and Cecilia at the Conference at UCL in July 2025

Great examples of great co-production and involvement activities to date:

- Great videos and audios, some of which were shared at the conference and will shortly be available on YouTube
- Allocation of SPIN D Flexible Funding including the reviewing of applications and decision panels
- Working group to create documents for the SPIN D resource, held on our website for all SPIN D Members
- Reading, reviewing and editing of key documents
- Involvement in Steering Group meetings
- Attendance at SPIN D events including Conference in London
- Representation on INTERDEM
- Representation on the SPIN D International Advisory Board
- Representation at Alzheimer's Europe 2025



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## ***LOOKING FORWARDS...***

We would like to ensure that key CLEG documents are turned into audio links and 'easy read' resources. If any members have expertise in this area and would like to be involved, please do let me know.

Some members have supplied a photo to be included in the "Meet the Team" section of the SPIN D Website. I would like to extend the invitation to everyone **without obligation**. If you would like to be included, please email me with your photo that you are happy for us to upload along with your name.

There will be many more opportunities for involvement at events and activities as we embark on the second year of the Network. For example, there will be another round of Flexible Funding and ongoing opportunities to review abstracts and documentation etc;

Anyone who has not yet been involved in the filming/audio recording project with myself and Rachael Litherland, Innovations in Dementia and who would like to be, please let me know as we are planning some road trips in the Autumn and would love you to get involved.

Really look forward to seeing you all at our next meeting which is planned for **Tuesday 2<sup>nd</sup> September 10:30 – 11:30 am**

Feel free to follow SPIN D on Facebook and Linked In. Also find our video playlist on YouTube

